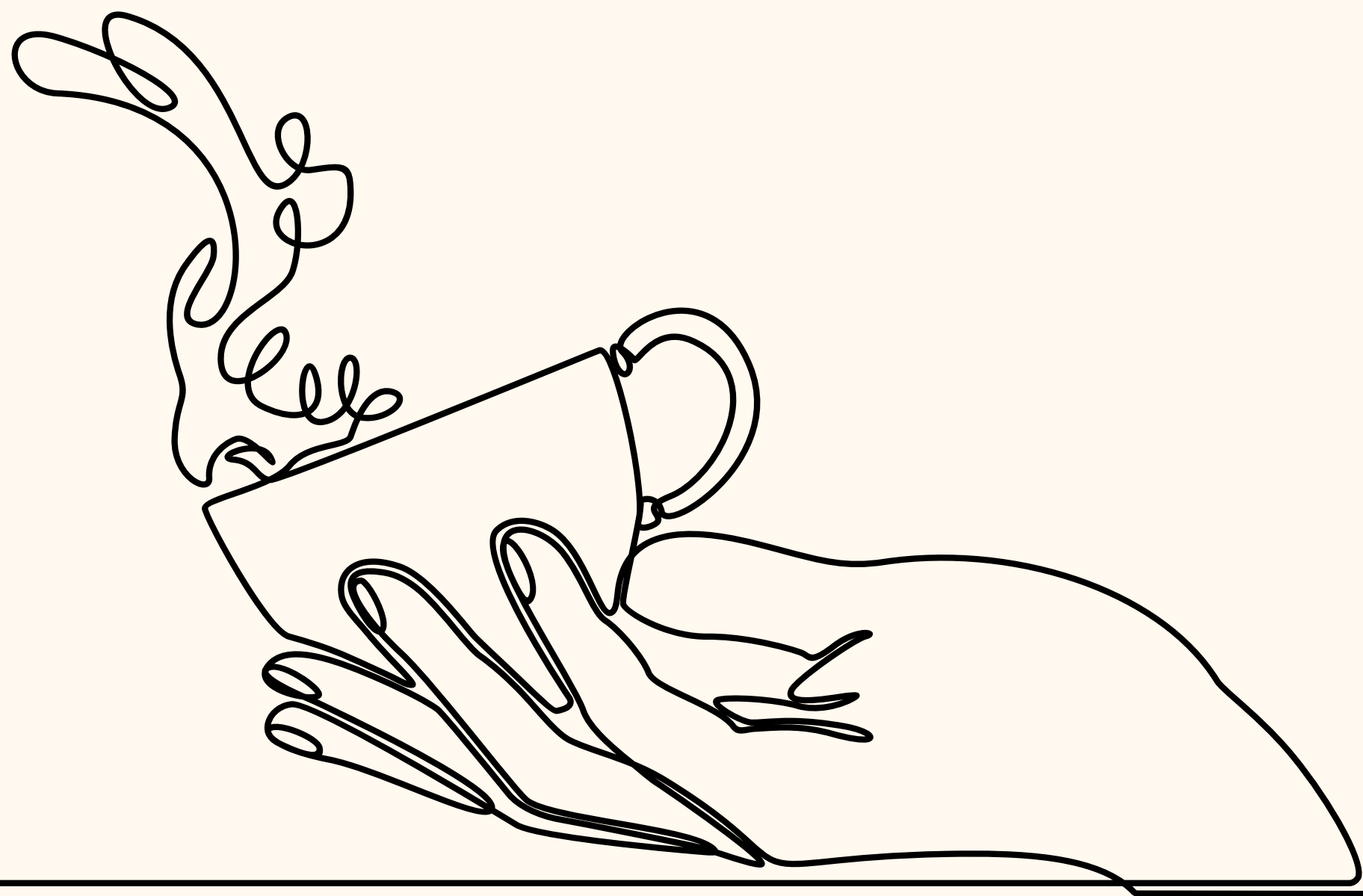


# ***Bereavement Cafe***

## ***Eccleston Library***

When you lose a loved one it can feel like your world's been turned upside down. Talking to others who have also experienced a loss can really help you find hope and strength.

A Bereavement Café is a place you can speak openly without worrying about being judged, or simply listen to other people's stories.



Whatever the reason you're thinking about joining us, you will be very welcome. Just drop in, grab a cuppa and have a chat.

**Helen, from Willowbrook Hospice** will be on hand to offer help and advice on the many practical issues raised when someone dies.

**Eccleston Library Community Room, 1.30pm - 3.00pm**  
**2nd Tuesday of the month starting on**  
**Tuesday 8th March 2022.**